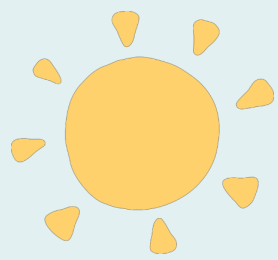
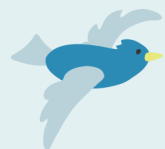


JOIN US FOR...



CARING CONNECTIONS

WITH HUB 4

Join your Hub 4 Team and special guest, Theresa Fagouri CHES, to discuss Healthy Eating at this FREE learning experience for children and their families

DISCUSS
 Healthy eating options for your family

LEARN
 Strategies for decreasing conflict with picky eaters

IMPROVE
 Family health through nutrition

Where: Rescue Elementary School Library

When: March 5th

4:00 pm to 5:30 pm



COMING SOON.....

- April 9th – Set Rules and Routines That Work
- May 7th– Screen Time and Social Media Strategies



FUN ACTIVITIES FOR KIDS 2-12 YEARS OLD, SAVE YOUR SPOT! CALL OR TEXT 530-919-6898

